

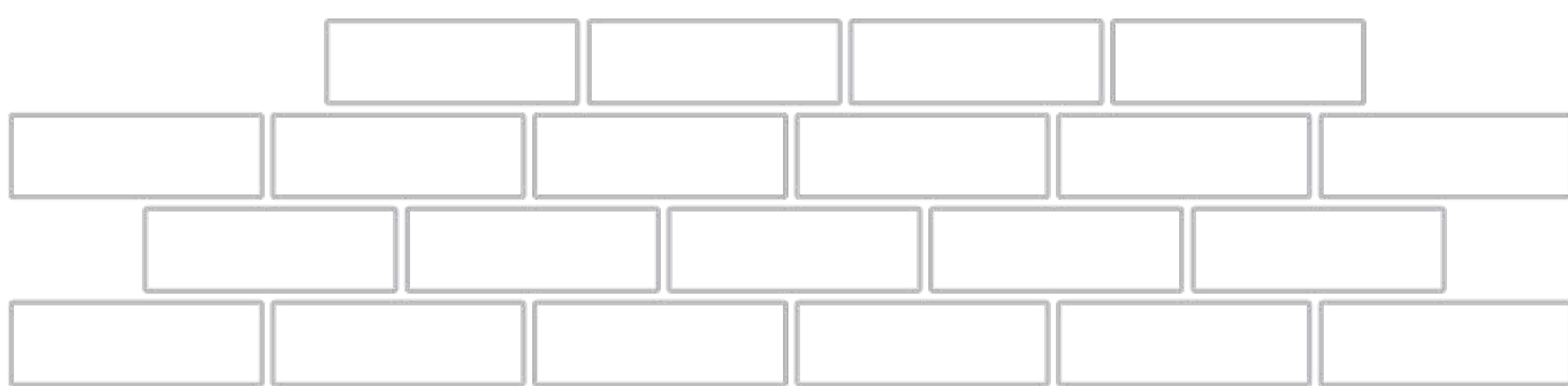
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...ENERGIZED

HEALTHY

AWAKENED

BETTER



SANDWICHES, SALADS, PIZZA,

FRO-YO AND FRUIT JUICES

PREPARED FRESH AND ON THE SPOT,

FROM THE MOST QUALITY INGREDIENTS,

TO TAKE AWAY FOR A QUICK,

YET HEALTHY EATING.

Feel

- Espresso**
- Corretto/
Con panna/
Macchiato**
- Latte**
- Double Espresso**
- Filter Coffee**
- Cappuccino**
- Frappe Iced Coffee/
Nescafe**
- Double Cappuccino**
- Chocolate
Hot/Cold**
- Freddo Espresso**
- Hot Tea**
- Freddo Cappuccino**

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REFRESHMENTS

Coca Cola 330ml

Coca Cola Zero 330ml

Sprite 330ml

Ice Tea 330ml

Sparkling Lemonade 330ml

Sparkling Orangeade 330ml

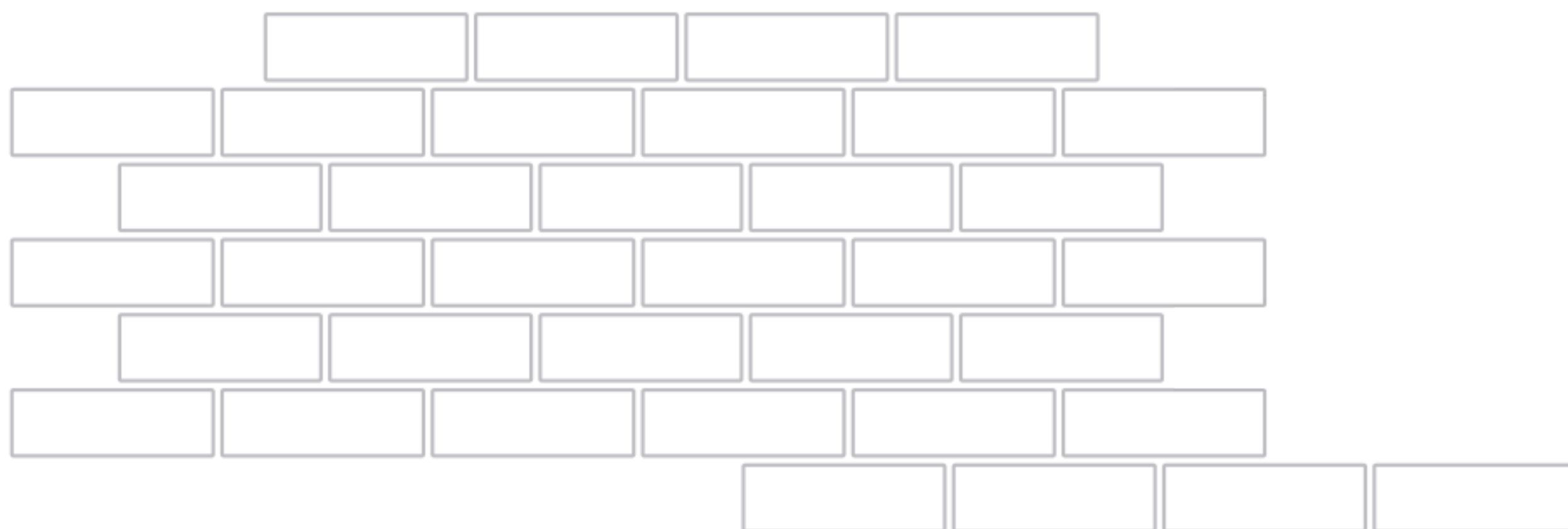
Soda Water 330ml

Tonic Water 330ml

Sparkling Water 330ml

Water 0.5ml

Beer 330ml



Feel

JUICES

Fresh orange juice

Grapefruit + Honey + Lemon + Ginger

A Breakfast favorite that alkalines and regulates the body's sugar levels, while getting you ready for the day!

Apple + Strawberries + Lime + Cinnamon

An apple a day meets the antioxidant properties of red fruits and cinnamon with a splash of refreshing lime.

Carrot + Celery + Beetroot

This low-in-calories, red juice is the perfect natural stress reliever in a cup. Served with lots of ice, as a soothing summer treat!

Pineapple + Banana + Coconut milk

This multivitamin refreshing juice is ideal to get your body hydrated and it really taste like summer!

Fresh mixed juice

Make a choice from the fruits on the display or Trust our Recommendations!



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MARGARITA

With fresh mozzarella and basil

TARTUFO-FUNGI

Fresh mushrooms and truffle oil

PROSCIUTTO

**Prosciutto, rocket
and parmesan**

GRECO

**Tomatoes, olives, onion,
capers, peppers,
Feta cheese**

SALAMI

**Salami, pepperoni,
smoked pancetta**

VEGGIE

**Zucchini, eggplant,
peppers, onion,
mushrooms,
sundried tomato**

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GREEK SALAD

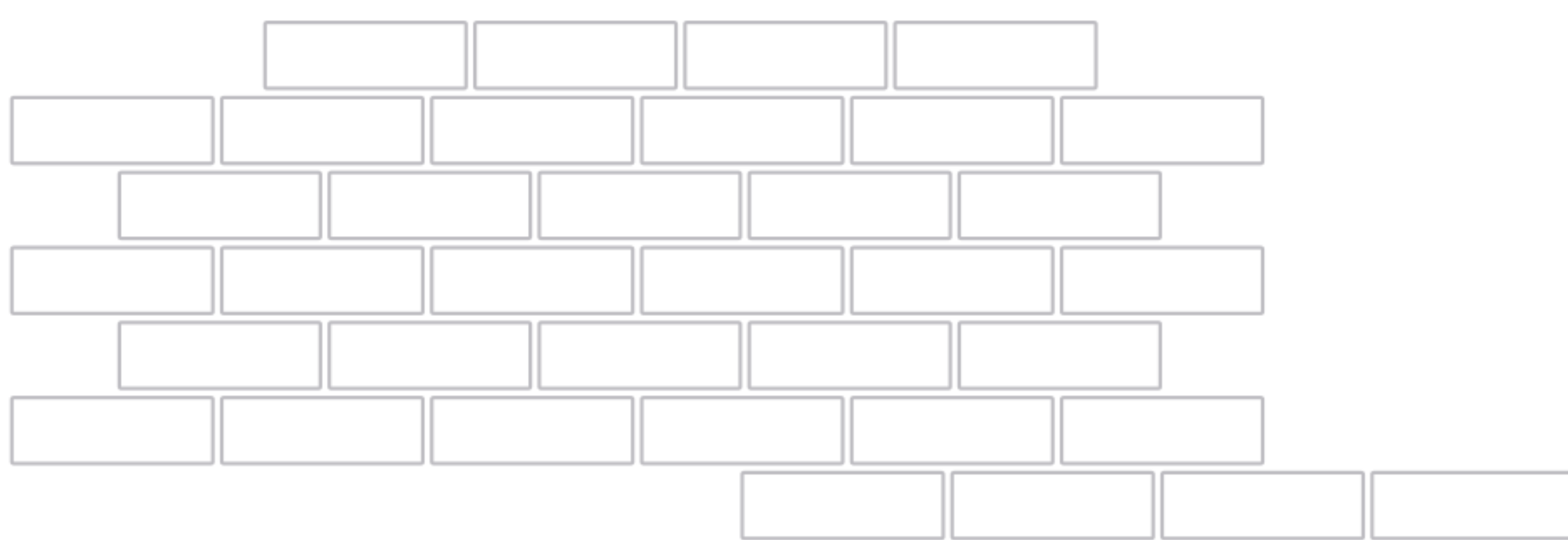
Traditional and hearty with **tomato, cucumber, olives, capers, onion, peppers, feta cheese and Cretan rusk**

QUINOA SALAD

Healthy and vegan with **quinoa, dried fruits and nuts, mixed salad leaves and balsamic vinegar**

CHICKEN SALAD

Protein and fiber full with **croutons, parmesan, mixed salad leaves, sundried tomato and honey-mustard sauce**



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BAGUETTE

**Pastrami, Goat Cheese,
Tomato compote,
Fried Egg**

SUN DRIED TOMATO

PANINI

**Chicken, Mustard-honey
sauce, Smoked Bacon,
Emmental, Lettuce,
Tomato**

WHITE BAGUETTE

**Prosciutto Cotto,
Sun dried Tomato, Kaseri
(greek yellow cheese),
Green Salad Leaves,
Cocktail Sauce**

BROWN BAGUETTE

**Mortadella,
Scamorza, Spinach,
Horseradish Cream**

SUN DRIED TOMATO

PANINI

**Smoked Turkey, Iceberg,
Low Fat Cheese,
Cucumber, Tomato**

CIABATTA

**Louza, radicchio,
Fig jam,
Cretan Gruyere**

CIABATTA

**Salami with Herbs,
Pickle Sauce,
Cherry Tomatoes,
Parmesan, Spinach,
Green Olives**

CAROB BREAD

**Smoked Salmon,
Lemon Puree,
Critamo, Rocket**

ZEAS BREAD

**Roasted Zucchini,
Eggplant, Peppers,
Mushrooms, Basil Pesto**



**“All types of bread are
freshly baked and
prepared on a daily basis
by our pastry-chef.”**